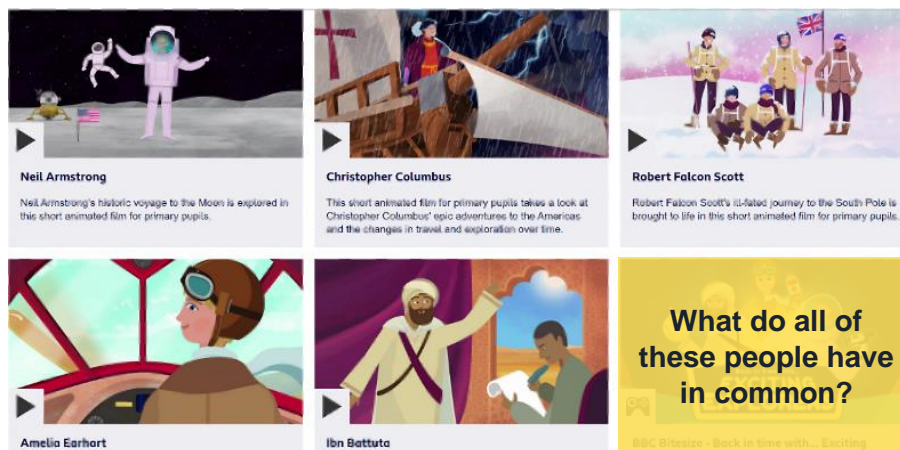


<b>Your Initials:</b>	<b>Year:</b>	<b>Class:</b>
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## Air Quality Adventure - An airmazing nano-adventure



Source: [KS2: Explorers - BBC Teach](#)

That's right, they are explorers, who have had some amazing adventures. Not many of us have the skills, money or time to visit faraway places like the Moon or the South Pole. However, we can still have adventures.

A man called Alistair Humphrey inspires people to have little (micro) adventures. Even these are hard to fit in to our busy lives, but we can make every day activities into exciting adventures.

### To do:

Can you think of somewhere that you drive to when you are only in the car for a few minutes? .... maybe it's to school, the park, a friend's house, the library or the shops?

For your adventure, I'd like you to find an 'airmazing' way to get there ... will you walk, wheel, scoot, cycle or get the bus or train? Try to plan your journey along quieter roads whenever you can, because the air will be cleaner.

### Your Job is to:

Take pictures (perhaps just in your head) and then write a little bit (or draw pictures) about what you did. Did it take more or less time than you thought it would? Was it more exciting than going in the car? What made it an 'airmazing' adventure?

Extension: How many grams of carbon dioxide did you stop from going into the air? (for every kilometre you travelled, you stopped 140g of carbon dioxide going into the air and adding to climate change).

If you want to find out more about some famous explorers, there's some great info on here:

[KS2: Explorers - BBC Teach](#)



If you're interested by a micro-adventure, here is a link to Alastair Humphreys website:

[Microadventures - Alastair Humphreys](#)

